

# IDDSI Abbreviations



|                     |     |
|---------------------|-----|
| 7 Regular           | RG7 |
| 6 Soft & Bite-Sized | SB6 |
| 5 Minced & Moist    | MM5 |
| 4 Pureed            | PU4 |
| 4 Extremely Thick   | EX4 |
| 3 Liquidised        | LQ3 |
| 3 Moderately Thick  | MO3 |
| 2 Mildly Thick      | MT2 |
| 1 Slightly Thick    | ST1 |
| 0 Thin              | TN0 |

*Abbreviations suitable  
for use with  
Foodservice  
Computer Software*

## About the IDDSI abbreviations...

The IDDSI abbreviations have been checked against and are in accordance with the advice from the Institute for Safe Medical Practices List of Error-prone abbreviations, symbols and dose designations.

Potentially confusing abbreviations have been avoided (e.g. MD = Medical Doctor; ML = millilitre)

Numbers occur at the end of the abbreviations to ensure that they are not confused for 'number of meals or drinks ordered'.

Abbreviations retain the core of the IDDSI label - e.g. SB6 acknowledges both 'Soft' & 'Bite-Sized'.

IDDSI is grateful to the Foodservice Computer Software, hospital, aged care and health professional stakeholders who reviewed and provided feedback on the abbreviations.